

From: mmgillbard
To: [Keith Jones](#)
Subject: Changes Fitness Studio
Date: Sunday, 17 December 2017 12:06:03 PM

Dear Keith

Thanks for your time to discuss venues for Changes Fitness Studio.

I appreciate you agreeing to present my proposal at the next council meeting to be held in February 2018 and if at all possible to enter into the January meeting if this goes ahead for discussion, January being a time for residents enjoying rest and relaxation you would appreciate a perfect opportunity for Changes Fitness Studio to relocate if my proposal was to be favourable.

I am excited to hear the result of consultation of upgrading the Dalwallinu Recreation Centre and this decision along with my personal situation, I would like council to consider the idea of my re-location to the squash court building.

Fully understanding with progress comes disruptions, so forward thinking, my re-locating will ensure that my delivery to health and wellness to our community and surrounding towns can continue and flow during planning, construction stages and future bookings of indoor court space and storage areas.

It is my understanding that the squash court building in my 16 years of living in Dalwallinu and the 11 years of operating Changes Fitness Studio, is under utilized despite several surges of enthusiasm from any intended user groups.

This location provides access to pool, oval, and outside courts as well as fitting into a physical activity HUB for the community, whilst ensuring an ideal location for my client base.

My intention for 2018 is to continue to deliver and enhance the service of holistic health and wellness, supporting in areas of one on one training, senior classes, class combinations of cardiovascular-vascular conditioning, strength, endurance, re-habilitation, flexibility and range of motion while incorporating mental and emotional welfare with workshop environments.

I would require both court spaces and inside space, one side for one on one training equipment and the other for class environment and workshop delivery.

Whilst the building does not have a toilet area, if I was able to continue to hold keys to access public toilets this could work.

During any construction stages clients could use the public toilets in the pool area during pool opening hours as another option to address this problem.

Finer details such as overhead fans, lights and power points in working order can be discussed at a later date if my proposal is favourable.

I would also like to enhance not change the visual interior with neutral painting of walls etc in consultation obviously, happy to do this myself along with the interior cleaning.

I would like council to consider the sum of \$300.00 Inc per month, Assisting the stability for Changes Fitness Studio to continue to provide this community service. Looking forward to further consultation regarding this proposal.

Kind Regards
Maureen Gillbard